



ORANGE COUNTY EATING DISORDERS COALITION

TREATMENT AND REFERRAL

DIRECTORY

October 2017

INTEGRATIVE PRACTITIONERS

Kate Pernice, NP

375 Route 32

Central Valley, NY 10917

845-928-8185

Women's health including diet, nutrition, supplement herbs, homeopathics and energy medicine.
Works with both males and females using hands on healing and body centered psychotherapy.

Tina Ross, MS, DC

30 Hatfield Lane - Suite 101

Goshen, NY 10924

845 -294-2733

Dietician

PSYCHOTHERAPISTS

Amy Blumberg, LCSW, BCD

21 Fairmont Avenue

Poughkeepsie, NY 12603

845-452-2550

Treatment for full range of eating disorders, adolescents (14 years old) to adults.
Individuals, couples, and group therapy. Full range of emotional disorders including all eating disorders.

www.amyblumberg.com

Darlene Burke, LCSW

1997 Route 17M

Goshen, N.Y. 10924

845-291-8653

Serves children 8 years old and above.

Center for Stress Reduction

3 Coates Dr.

Goshen, NY 10924

845-291-0999 X1005, ask for intake department

Treatment for all children, adolescents and adults with eating disorders.

Call for specific insurance information.

Child and Family Psychological Services

Stanley Goldstein, PhD

1050 Route 211 East
Middletown, NY 10941
845-692-0614

Treatment for children, adolescents, adults, and families.
Participates with most HMOs and private insurance carriers.
www.drstanleygoldstein.com

Dianna Chillo, LCSWR

Affiliate of Dr. Michelle Winchester Vega and Associates

3250 US Route 9W
New Windsor, NY 12553
845-562-9816

Works with adolescents and adults with Eating Disorders

Eating Disorders Resource Center

Judith Brisman, LCSW, Ph.D

330 West 58th Street, Suite 206
New York, NY 10019
212-989-3987 or 212-582-2217

Outpatient treatment center for adolescents and adults. Support groups, 1st Monday of the month.

Drjudithbrisman.com

Bonna Lynn Horovitz, LCSW

Offices in Monroe and Goshen
Works with children, teens, adults, seniors
845-605-2672

Patricia Hennessey, LCSW, CASAC

PO Box 815 (or 37 Knoell Rd.)
Goshen, NY 10924
845-304-0670

Specializing in eating disorders, addictions and provides clinical supervision.

Dorothy Hill, LCSW

120 Dogwood Lane
Newburgh, NY 12550
845-565-8571

Treatment for children, adolescents, adults, and families.
Participates with most HMOs and private insurance carriers.

Beth Marks, LCSW-R BCD, Clinical Social Work

617 Twin Arch Road
Rock Tavern, NY 12575
845-427-9049

Individual, family and group psychotherapy. Eating disorders treatment specialty.
Call for insurance information.

Miriam Nicoll, LCSW, BCD

99 Main Street, Suite 116
Nyack, NY 10960
845-729-5250

Specialty in obesity, all forms of eating disorders, bariatric evaluations.

www.star8mnz@aol.com

Also specializes in PTSD, trauma, depression, anxiety.

Susan Piowaty, LSW-R

127 Springtown Road
New Paltz, NY 12561
845-256-1515

Eating disorders specialist, trauma survivors, co-dependent women, individual and group therapy. Women 17-65. Insurance accepted.

Rebecca Rooney, PhD.

1997 Rte. 17M
Goshen, NY 10924
845-294-8442

Eating disorder specialist. Treats adolescents and adults. Most insurance accepted.

Jerry Sander, LCSW

1 Doe Run
Warwick, NY 10990
Phone: 845-987-0094

Individuals, adolescents and adults. Supportive adult psychotherapy group, adolescent anxiety, bioenergetics therapist working with mind-body psychotherapy. Eating disorders 13+ males and females

www.thesandsoftime.net

Mauri Waldman, LCSW-R, BCD, CASAC

155 Main Street
Goshen, NY 10924
845-294-7408

Treatment for individuals with eating disorders, compulsive overeating and addictions, age 16 and above.

Windsor Counseling Group

Sharon Belinsky, LCSW, Director

10 Kayleen Drive
New Windsor, NY 12553
845-565-6888

682 East Main Street
Middletown, NY 10940
845-342-0114

NUTRITIONAL COUNSELING

Elizabeth Grimaldi, MSRD

6 Oak Lane

Campbell Hall, NY 10916

845-496-9487

Nutritional counseling for eating disorders and weight loss maintenance.

Vicki Koenig, MS, RD, CDN

231 Main Street

New Paltz, NY 12561

845-255-2398

Nutritional counseling for individuals and families. Some insurance accepted. Individual must also be seeing a psychotherapist.

Suzanne Meier, RD, CDN

Crystal Run Health Care

155 Crystal Run Road

Middletown, NY 10941

845-703-6999

Treats all age groups.

Barbara Morgan, MPS, RD, CDN

Manager of Nutrition Services

Hudson River Healthcare, Inc.

Walden, NY 845-778-2700

Peekskill, NY 914-734-8710

New Paltz, NY 845-255-1760

Aradhna Pal, MS, RD CDC

111 Maltese Drive

Middletown, NY 10940

845-342-4774

Affiliate with Dr. Gulati at Middletown Medical.

Nutritional Counseling for eating disorders.

Ilyse Simon, RD

231 Clinton Avenue

Kingston, NY 12401

845-331-6381

ilysefood@yahoo.com

Practices whole food nutrition with special focus on eating disorders.

PSYCHIATRISTS

Lisa Batson, MD

Nicholas Batson, MD

Crystal Run Healthcare

155 Crystal Run Rd

Middletown, NY 10941

703-6999

Treats adults and children 3 yrs and older

Behavioral Health Services of the Hudson Valley

633 Gidney Avenue Suite 6

Newburgh, NY 12550

845-569-2900

Adults and children

East Orange Psychiatric Associates

400 StonyBrook Ct.

Newburgh, NY 12550

845-565-0600

Ron Goldman, MD

23H E. Market Street

Rhinebeck, NY 12572

845-876-1177

Adults only

No insurance

Terri Hershkowitz, NP-P

370 Violet Avenue

Poughkeepsie, NY 12601

845-471-1807

Treats 16 years and older

Valerie Korshunova, MD

Mark Flood, MD

Joseph Acquaviva, MD

218 Route 17

Rochell Park, NJ 07662

201-488-6543

Adults and adolescents (ask for therapist when you call)

Laurie Moran-Marsch, NP

Northern Psychiatric Services

11 Marshall Road

Wappinger Falls, NY 12590

845-298-4350

Adults and adolescents

Anne Paden, NP

11 Marshall Road
Wappinger Falls, NY 12590
845-298-4350
Adults

Mona Patel, MD

466 Old Hook Road, Suite #30
Emerson, NJ 07630
201-599-9700
Adults and adolescents, no Medicare or Medicaid.

Paul Shefflein, MD

11 Marshall Road
Wappinger Falls, NY 12590
845-298-4350
Adults

PEDIATRIC/ADOLESCENT MEDICINE

Children's & Women's Physician of Westchester

Division of Adolescent Medicine
Wallace Jenkins, M.D., Gilburto Valez, M.D., and Marcia Nackenson, M.D.
40 Saw Mill River Rd. Suite LL4, Hawthorne, NY 10532
Phone: 914-304-5300 Fax: 914-345-1755
Adolescent Medicine 914-304-5288
Specializing in adolescent medicine: eating disorder medical management for patients ages 12-22. Referral for psychotherapy and nutritional counseling. Medicaid and uninsured patients referred to Adolescent Medicine Clinic @WCMC for treatment. Sliding scale available for uninsured.
www.cwpw.org

Washingtonville Pediatrics

Barbara Gannon, MD, FAAP

10 Weathervane Drive
Washingtonville, NY 10992
845-496-5437
www.washingtonvillepediatrics.com

INTERNAL MEDICINE

Horizon Medical

Francis Imbarrato, MD
Melissa Beck, PA
Dr. Chan
1200 Route 208, Suite 13
Monroe, NY 10950
Phone: 845-783-6266
Medical management of adult and adolescent patients who are currently being treated by psychotherapist. Accepts most insurance plans.

New York Presbyterian Hospital Westchester Division, White Plains, NY

Outpatient Eating Disorder Unit, Inpatient Eating Disorders Unit, Partial Hospitalization Program.

- 1) Chrystal Farrell, Intake & Referrals, 21 Bloomingdale Rd., White Plains, NY 10675
914-682-9100 X5700
- 2) Dennis McKnabb
Outpatient Treatment
914-682-9100 x6929 and x5865

Treatment for adult and adolescent patients. Inpatient unit is a 17 bed dedicated unit for eating disorders. Admission to appropriate level of program based on evaluation. Partial Hospital program 10:00 am to 3:00 pm Monday to Friday.

St. Francis Hospital & Health Center, Mid-Hudson Regional Hospital

Mental Health Services

24 North Rd., Poughkeepsie, NY 12601

845-431-8287 or 845-485-9700 (Dutchess Mental Health Helpline)

Outpatient Treatment of adults, adolescents and children

BARIATRIC MEDICINE
(Obesity and related problems)

Tri-State Bariatric

Dr. Peter H. Kwon, M.D., F.A.C.S., Bariatric Surgical Program Director

384 Crystal Run Road, Suite 201

Middletown, NY 10940

(845)692-8780

HOSPITAL BASED PROGRAMS-INPATIENT AND OUTPATIENT

Cambridge Eating Disorder Center

3 Bow Street

Cambridge, MA 02138

888-900-CEDC / (617) 547-2255

Residential, partial hospital and outpatient programs for adolescents and adults.

www.eatingdisordercenter.org

Columbia Presbyterian Medical Center

The Eating Disorders Clinic at the NYS Psychiatric Institute

Unit 98

1051 Riverside Drive

New York, NY 10032

646-774-8066

Individual must meet research study criteria. Inpatient and outpatient services available.

Psychiatrists, Psychologists, Nutritionists and Social Workers on staff.

EDRU@pi.cpmc.columbia.edu

Evelyn Attia, MD

Professor of Psychiatry at Columbia University Medical Center
Director, Columbia and Weill Cornell Center for Eating Disorders
1051 Riverside Drive
New York, NY 10032
646-774-8085

Eastern Connecticut Health Network: Manchester Memorial Hospital

71 Hayes Street
Manchester, CT 06040
860-872-5254
Outpatient and partial hospital services.

Eating Disorder Center at Rogers Memorial Hospital

Behavioral Health Hospital
34700 Valley Rd.
Oconomowoc, WI 53066
1-800-767-4411
Residential Treatment program with separate programming formats. Ages 8 and older.
Male and female, inpatient, residential and partial hospitalization.

Four Winds Hospital - Westchester

800 Cross River Road
Katonah, NY 10536
1-800-528-6624 or 1-800-KATONAH
Addresses issues relating to suicide, homicide and psychosis. Not a medical facility but will serve individuals with eating disorders.
www.4windshospital.com

HPA/LiveWell

260 Washington Avenue Extension, Suite 101
Albany, NY 12203
518-218-1188

207 Washington Street, Suite 202

Poughkeepsie, NY 12601
845-372-4367

Offers intensive outpatient treatment and a customized team approach to address an individuals needs.

Institute of Living**Eating Disorders Program****Paula Holmes, Program Manager**

200 Retreat Ave.
Hartford, CT 06106
1-800-673-2411 Intake Assessment
1-860-545-7203 Margo Maine, Ph.D., Director

Specialized program in treating eating disorders in children, adolescents and adults. Services include outpatient and partial-hospitalization day and evening programs, patient and family support groups. Interdisciplinary team of eating disorders specialists in the fields of psychiatry, psychology, nutrition, nursing and social work.

www.instituteofliving.org

The Koch Center

71 Franklin Turnpike

Waldwick, NJ 07463

201-670-6450

40 North Van Brunt Street

Englewood, NJ 07631

Intensive outpatient program. Individual and group therapy including nutritionists and psychiatrists.

www.thekochcenter.com

New York Presbyterian Hospital/Cornell Medical Center**Westchester Division**

21 Bloomingdale Road

White Plains, NY 10605

914-682-6929

Outpatient Eating Disorders Clinic, Inpatient Eating Disorders Unit. Treatment for adult and adolescent patients. Inpatient unit is a dedicated 19-bed Eating Disorders Unit.

www.nyp.org

The Renfrew Center of Northern New Jersey

174 Union Street

Ridgewood, NJ 07450

1-800-RENFREW (1-800-736-3739)

Nancy B. Graham, LCSW

Professional Relations Representative

201-615-1475

ngraham@renfrewcenter.com

The Renfrew Center operates in 10 locations including New York City, NJ, PA and CT.

Residential treatment centers are in Philadelphia, PA and Coconut Creek, FL. Non-residential programs include Day Treatment Program, Intensive Outpatient Program, Outpatient Groups, Individual, Family & Couples Therapy, Nutritional Counseling and Psychiatric Consultation.

Programming specifically geared toward observant Jewish women is offered at the New York City location.

www.renfrewcenter.com

The Renfrew Center of Philadelphia

475 Spring Lane

Philadelphia, PA 19128

1-800-RENFREW

www.renfrewcenter.com

Somerset Medical Center Eating Disorders Program

110 Rehill Avenue

Somerville, NJ 08876

908-704-3750 Shari Weinglass, Associate Director

800-914-9444 Appointment for evaluation

Inpatient, intensive outpatient and partial hospitalization program for treatment of eating disorders.

www.somersetmedicalcenter.com

Wellspring

P.O. Box 370
21 Arch Bridge Road
Bethlehem, Connecticut 06751
Phone: 203-266-8001 – Fax: 203-266-8030
For additional information or to schedule interview
Intake Coordinator: 203-266-8002
Outpatient Coordinator: 203-758-2296
www.wellspring.org

Center for Eating Disorders Care

University Medical Center of Princeton
1 Plainsboro Rd., Plainsboro, NJ 08536
609-853-7575

RESIDENTIAL TREATMENT PROGRAMS**Monte Nido Eating Disorders Treatment Center**

Locations in Oregon, California and Massachusetts
310-457-9958
888-228-1253
Provides residential treatment, day and intensive outpatient treatment programs for eating disorders.
www.montenido.com

Solstice Residential Treatment Center

Layton, Utah 84041
801-444-0794
Weaverville, North Carolina
828-484-9928
A long term, school based, residential treatment program for adolescent girls ages 14-18.
www.solsticertc.org

SUPPORT GROUPS**Cedar Associates**

67 South Bedford Road (Route 172)
Mt. Kisco, NY 10549
914-244-1904

1075 Central Park Avenue
Scarsdale, NY 10583
914-472-4019

Private out-patient group practice for individuals and family group therapy
Also offers nutritional and psychiatric services.

Overeaters Anonymous, Mid Hudson Hotline

Website: www.midhudsonoa.org
24 hour meeting information and hotline: 845-657-6603

OTHER RESOURCES

Comprehensive Care Center for Eating Disorders of Northeastern New York

25 Hackett Blvd.
Albany, NY 12208
(518) 262-5299

The Comprehensive Care Center for Eating Disorders of Northeastern New York creates a formal collaboration between Albany Medical Center and Four Winds Hospitals to ensure patients with eating disorders receive quality care. Led by a team from Albany Medical Center and Four Winds Hospital Saratoga, the Center works to coordinate treatment services throughout 23 counties in northeastern New York.

Council on Size and Weight Discrimination, Inc.

P.O. Box 305
Mt. Marion, NY 12456
Phone: 845-679-1209
Fax: 845-679-1206

Influences public opinion and policy through education, information and networking.
www.cswd.org

www.bulimia.com

888-232-6949

Orange County Eating Disorders Coalition

Sponsored by Mental Health Association in Orange County, Inc.,

73 James P. Kelly Way Middletown, NY 10940.

MHA seeks to advance the awareness, early detection and treatment of eating disorders in Orange County and offer annual conferences, a treatment list of providers who specialize in eating disorders, information, referrals and community education. www.mhaorangeny.com. Contact **845-342-2400 x1248** for more information or Orange County **Helpline (1-800-832-1200)** which serves as a **24-Hour**, information/referral, listening/problem solving, crisis intervention line for Orange County residents. **Text 4 Teens (845-391-1000)** is a confidential text line for teens offering information, referrals, problem solving and crisis intervention regarding a variety of teen issues. **Hours: Monday –Thursday 4pm-10pm, Friday 4pm-12am, Saturday-Sunday 5pm-12am.**

IAEDP-International Association of Eating Disorders Professionals

P.O. Box 35882
Phoenix, AZ 85069-5882
800-800-8126

A membership organization for professionals, provides certification, education, local chapters, newsletter. Regional workshops and an annual symposium. Family support network at no cost.
www.iaedp.com

MEDA-Massachusetts Eating Disorder Association, Inc.

288 Walnut Street, Suite 130

Newton, MA 02460

617-558-1881

Fax: 617-558-1771

MEDA is a non-profit agency dedicated to the education, prevention and treatment of eating disorders based on a model of full recovery. MEDA instills hope by providing innovative services and critical resources to clients, professionals and educators. MEDA offers clinical services to individuals with eating disorders and their loved ones, educational presentations, trainings and resources, a referral service, an Annual National Conference, Eating Disorder Awareness Week activities and community support and advocacy.

www.medainc.org

NAAFA-National Association to Advance Fat Acceptance, Inc

P.O. Box 22510

Oakland, CA 94609

Phone: 916-558-6880

Fax: 916-558-6881

Works to end discrimination and empower overweight people through education, advocacy, and member support.

Newsletter, annual convention, regional chapters.

www.naafa.org

National Association of Anorexia Nervosa & Associated Disorders

630-577-1330

E-Mail: anad20Caol.com

ANAD works to prevent eating disorders and provides numerous programs, all free, to help victims and families, including hotline counseling, support groups serving thousands of communities, referrals to health care professionals, information packets and newsletters.

National Center for Overcoming Overeating

www.overcomingovereating.com

National Eating Disorders Association (NEDA)

200 West 41st Street, Suite 1203

New York, NY 10036

(212) 575-6200

Fax: (212) 575-1650

NEDA supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care. Provides educational information, programs, conference workshops and newsletters.

1-800-931-2237 – To access information about treatment and services in your state.

info@NationalEatingDisorders.org

Overeaters Anonymous Incorporated

World Service Office

P.O. Box 44020

Rio Rancho, NM 87174-4020

Phone: 505-891-2664

Fax: 505-891-4320

A 12-step self-help fellowship, free local meetings.

www.aa.org