

The MHA family shares a system of values and behaviors that recognizes and respects the presence and contributions of all diverse groups.

For more information about Hudson House or other MHA programs please visit our website at www.mhaorangeny.com or call (845) 342-2400

24/7 Helpline
1-800-832-1200

Text 4 Teens
845-391-1000

an anonymous and confidential teen text line for information, referrals or just to chat.

Monday-Thursday
5:00pm to 9:00pm
Friday, Saturday and Sunday
5:00pm to 12:00am



**Mental Health
Association
in Orange County, Inc.**

HUDSON HOUSE
245 Broadway
Newburgh, NY 12550

MHA is proud to be a United Way Agency



**Mental Health
Association
in Orange County, Inc.**



HUDSON HOUSE



245 Broadway
Newburgh, NY 12550
(845) 565-8575
Fax: (845) 565-6231
www.mhaorangeny.com

"Hudson House . . . Fostering Wellness & Recovery"

HUDSON HOUSE . . .

Hudson House is a rehabilitative psychosocial club which offers socialization, recreation, education, vocation, and life skills services to adults 18+ who have a psychiatric disability.

Hudson House is operated through Mental Health Association in Orange County, Inc. (MHA), a private, non-profit organization which seeks to promote the mental health and emotional well-being of Orange County residents. MHA works towards reducing the stigma of mental illness, developmental disabilities, and providing support to victims of sexual assault and other crimes.

The goal of Hudson House is to assist members in attaining enriched foundations in work, education, relationships, and activities of daily living. Hudson House focuses on the strengths and talents of people recovering from mental illness, to assist each other in recovery.

Hudson House is comprised of the following :

- **Hudson House Program**
- **Supported Education**
- **Supported Employment**
- **Travel Activity Club**
- **Local Business Advisory Council**



HUDSON HOUSE PROGRAM

Hudson House focuses on socialization, recreation and life skills training. Members of the program serve as an advisory board to groups and activities that are offered within the program. They also serve on agency wide committees. A variety of groups and activities are available which offer the opportunity to be involved in the community. In addition, members also enjoy a daily breakfast, lunch ,snack, and dinner. Laundry facilities and program transportation are also available.

SUPPORTED EDUCATION

The Supported Education Program consists of groups that provide information and skills attainment in areas that include but are not limited to: wellness and recovery, vocation, nutrition, computer skills, stress, emotions, and safety. Members also have the opportunity to participate in creative arts, cooking, and music therapy. Peer support groups are offered and conducted weekly by members.

SUPPORTED EMPLOYMENT

The Supported Employment Program provides prevocational skills, intensive job training, and ongoing integrated services to individuals who are employed in the community. The goal of the program is to identify, locate, and maintain meaningful employment. Adult Career and Continuing Education Services- Vocational Rehabilitation (ACCES-VR) services are also available.

TRAVEL ACTIVITY CLUB

Travel Activity Club provides recreational opportunities that promote positive integration into the community. The activities, which include but are not limited to movies, shopping, library, Meals on Wheels and community events, are selected and planned by Hudson House members . Travel Activity Club operates during regular program hours.

LOCAL BUSINESS ADVISORY COUNCIL (LBAC)

LBAC is a committee comprised of agencies and employers dedicated to promoting the long-term employment of individuals living with mental health disabilities. LBAC also advocates for the development of feasible transportation options for individuals with disabilities throughout Orange County. LBAC meets monthly in Orange County and quarterly in Albany for the Statewide Business Advisory.

Mental Health Association in Orange County, Inc.

Hudson House hours:

Monday: 8:00am to 5:00pm

Tuesday: 8:00am to 6:00pm

Wednesday: 8:00am to 6:00pm

Thursday: 8:00am to 6:00pm

Friday: 8:00am to 5:00pm