

PEP Talks

People Educating People

Presentations and Discussions for
Parents, Youth & Professionals

More Than Sad: Teen Depression

by the American Foundation for Suicide Prevention

Presented by

Julie Biagiotti & Pam Lesmana, Orange County Department of Mental Health

The film features vignettes of four teen characters whose depression manifests in different ways. Scenes portraying interactions with mental health professionals are included to demystify treatment.

Key messages of the film include:

- ◆ To help parents and teens recognize the signs and symptoms of depression
- ◆ To convey the de-stigmatizing notion that depression is an illness that, just like any other medical illness, responds to specific treatments
- ◆ To promote the importance and acceptability of seeking help for oneself or a friend
- ◆ To demystify the treatment process by showing how teens can get help for depression, what treatment involves and what it can achieve

Where & When:

Cornerstone Family HealthCare

147 Lake Street
Newburgh, New York 12550

Monday, May 22, 2017

Noon—2:00 pm

For information and registration email afreitas@asfl.org or call 845-360-8291

Space is limited. Reserve your seat!

PEP Talks is a series of free trainings provided by collaborating agencies, programs & people

