



**Mental Health Association in Orange County, Inc.**  
**73 James P. Kelly Way, Middletown, NY 10940**

Mental Health Association in Orange County's (MHA) offices remain open and we continue to assist individuals across all our programs and services. MHA's commitment to supporting individuals in Orange County is strengthened in times like these.

Moreover, MHA continues to monitor the developments related to Coronavirus Disease 2019 (COVID-19) closely and is taking every step possible to keep our staff and program participants safe and healthy. We are doing our best to provide food, masks, supplies and medication to those in need so that everyone can stay home and stay safe. Staff continue to reach out to program participants on a regular basis to provide additional support or resources that individuals we serve may need. As a reminder, if you have an upcoming appointment with MHA, our team will reach out to you to discuss your visit in advance. If you are unable to get to us, we will make every effort to support you by an alternative method.

As always, keeping our program participants and staff safe is our top priority. MHA continues to maximize all our efforts to maintain social distancing and provide a clean and healthy environment at all of our locations. We understand how circumstances like this can trigger difficult feelings, such as fear, anxiety, and depression. It is critical that we take care of not only our physical health but also our emotional well-being.

If you need additional support, we encourage you to contact the **Orange County Crisis Call Center** at **311**. Trained counselors are available 24/7 to offer support. We also encourage our teenage population to make use of our **Text4Teens Program**, an anonymous text counseling resource, which is available 24/7 to Orange County teens. **Text 845-391-1000** to connect with a trained counselor.

To remain up to date on the Coronavirus please visit [www.ny.gov/coronavirus](http://www.ny.gov/coronavirus) or call directly to Orange County's Department of Health hotline 845-291-2330.

More importantly, MHA will continue to communicate our phased-in planning for service delivery as we receive on-going guidance from New York State.

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[www.mhaorangeny.com](http://www.mhaorangeny.com)

**ORANGE COUNTY CRISIS CALL CENTER ~ 311**

**TEXT 4 TEENS ~ 845-391-1000**

**Counselors Available 24/7**

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