



Mental Health Association in Orange County, Inc.

73 James P. Kelly Way, Middletown, NY 10940

Mental Health Association in Orange County, Inc. (MHA) offices remain open and we continue to assist individuals across all our programs and services. MHA's commitment to supporting individuals in Orange County is strengthened in times like these.

Moreover, MHA continues to monitor the developments related to Coronavirus Disease 2019 (COVID-19) closely and is taking every step possible to keep our staff and program participants safe and healthy. We are following the requirements and guidelines provided by the Center for Disease Control and Prevention (CDC) and New York State Department of Health (DOH), as well as other health organizations. If you have an upcoming appointment with MHA, our team will reach out to you to discuss your visit in advance. If you are unable to get to us, we will make every effort to support you by an alternative method.

As always, keeping our program participants and staff safe is our top priority. MHA continues to maximize all our efforts to maintain a clean and healthy environment at all of our locations. We understand how circumstances like this can trigger difficult feelings, such as fear, anxiety, and depression. It is critical that we take care of not only our physical health but also our emotional well-being.

If you need additional support, we encourage you to contact the **Orange County Crisis Call Center at 1-800-832-1200**. Trained counselors are available 24/7 to offer support. We also encourage our teenage population to make use of our **Text4Teens Program**, an anonymous text counseling resource, which is available 24/7 to Orange County teens. **Text 845-391-1000** to connect with a trained counselor.

To remain up to date on the Coronavirus please visit www.ny.gov/coronavirus or call directly to Orange County's Department of Health hotline 845-291-2330.

As MHA continues to monitor the situation and follow appropriate protocols, we will update our community as needed if there are any changes to how we provide services.

www.mhaorangeny.com

ORANGE COUNTY CRISIS CALL CENTER ~ 1-800-832-1200

TEXT 4 TEENS ~ 845-391-1000

Counselors Available 24/7

Follow us on our social media:

