



Mental Health Association

in Orange County, Inc.

NADIA ALLEN, EXECUTIVE DIRECTOR

For Immediate Release:
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MHA in Orange County Receives Donation from Hercules Fitness Challenge

Damola Akinyemi, Hercules Fitness Challenge promoter, presented a \$1,650 donation to MHA Board Member Eben Hill and MHA Executive Director, Nadia Allen on July 14, 2016.

The Hercules Fitness Challenge consists of a run followed by an obstacle course. The event took place on May 28th and was a resounding success with over 1,700 people in attendance.

MHA is deeply thankful to the Hercules Fitness Challenge for its continued and unwavering support.

MHA in Orange County, Inc. is a private not for profit agency seeking to promote the positive mental health and emotional well-being of Orange County residents, working towards reducing the stigma of mental illness, developmental disabilities, and providing support to victims of sexual assault and other crimes.

In partnership with service recipients, families, volunteers and the community, MHA strives to fulfill its mission through culturally competent advocacy, direct services, public education, and responsiveness in times of community emergency.

The MHA family shares a system of values and behaviors that recognizes and respects the presence and contributions of all diverse groups. We believe that every person is to be treated with dignity, respect, compassion and acceptance.

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