For Immediate Release

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Parents Run AMOC (Autism Move A Thon of Orange County) in Partnership with Mental Health Association in Orange County

Annual 5K Road Race/Walk for Autism "Hustle for the Puzzle"

Join Parents Run AMOC Sunday, April 3, 2016 at the Orange County Airport 500 Dunn Road Montgomery, NY, 12549 for the annual 5K Race / 2K Walk / 1K Fun Run

We will run on the tarmac! In person registration will begin at 7:30 AM Race will start at 8:00 AM SHARP! Awards to top (3) overall female & male finishers and age group awards.

5K Race Pre-Register \$20 Day of Race \$25 2K Walk Pre-Register \$20 Day of Race \$25 1K Fun Run / Pre-Register \$8 Day of Race \$10

FREE event T-shirt for first (100) Pre-Registered 5K folks. Additional event T-Shirts available for purchase to registered participants for \$5.00. **FREE** Continental Breakfast to follow. Autism awareness items will be available for sale. Children's activities and Family Fun for all! Welcoming event sponsors, volunteers (volunteer service letters supplied) and donations for event breakfast. Please contact Holly Borzacchiello - Race Co-Director cell; 845-629-2720.

Autism is the fastest growing developmental disability in the United States. As of April 2014, the Autism rate is now 1:68 children. It is a life-long disability with no known cure. Autism affects a person's ability to communicate, interact socially, and take part in play/leisure/life skills. Parents run AMOC raises funds at events throughout the year to support individuals and families living with Autism Spectrum Disorders (ASD) in Orange County. Families may apply for a fiscal stipend through Parents Run AMOC in partnership with Mental Health Association in Orange County to help pay for therapies, conferences, medical interventions, art, music, theatre, social skills groups and more. AMOC raises awareness and understanding about autism and related disorders through community outreach, parent trainings, sensory friendly events and education.

Parents Run AMOC is currently seeking sponsors, donations and volunteers for our 2016 events

For additional information about AMOC and services for individuals with autism contact Parents Run AMOC at 845-342-2400 Ext. 307 or 241 www.mhaorangeny.com/amoc

Like us on Facebook; Autism Move A Thon of Orange County & Mental Health Association in Orange County. Inc.